

NEWSLETTER

CASTLETOWN PRIMARY SCHOOL

INSPIRE, EDUCATE, SUCCEED



Issue 11

From the Principal's Pen

4th September 2014

Dear Parents/Carers

ASSEMBLY

Thanks to Mrs Stevens and Mrs Melbourne our choirs were able to sing their Music Festival songs at assembly for all the school to hear. The students showed how they could be chosen first in their items at the Music Festival, singing with great warmth, feeling and sweetness of voice that was truly moving. We have three talented solo singers who definitely have the X factor with singing! Choirs won their items with marks of 93, 92 and 92. A splendid result. Adjudicator's comments included:

"Thanks Senior Choir. You could tell how much the audience enjoyed your terrific item. I certainly did!"

Chamber Choir: *"Excellent diction, expressiveness and sense of ensemble under excellent direction."*

Junior Choir: *"Excellent choral discipline in all its elements and a pleasure to be in the audience."*

Equally impressive and acknowledged by Mrs Stevens at the assembly, were all the students who participated in the 6 percussion items. Room 00 narrowly won from the other classes all of whom had marks ranging from 81 – 86. Comments from the adjudicator;

"Well rehearsed and presented with enthusiasm." "Great participation. Well done!"

"A most sensitive opening which captured all our attention." "Well organised, thoroughly rehearsed and came across with great conviction." "A splendid contribution to the program."

W.A.HEALTHY SCHOOLS PROJECT FUNDING

Castletown has again been a successful recipient of funding of \$1400 from W.A. Healthy Schools Project Funding thanks to the support and assistance from Healthy Schools Project Officer Michelle Spargo. The funding will continue to support the year 6/7 eating area (Upper Cove) with the purchase of seating for the students to use during recess and lunch times.

The success of the grant will allow Castletown Primary School to continue to:

- * educate students on the short and long term effects of living a healthy lifestyle,
- * integrate a sustainable approach to healthy eating within the school environment, and
- * increase the awareness of the importance of physical activity and good nutrition to maintain healthy weight for the prevention of chronic disease.

Mr Weckert is collaborating with students and staff on the types of seating desirable for the eating area and hopes to have our project well under way in the next few weeks.

PARENT OPEN NIGHT

This is coming up in week 8 on Thursday 11th September. Early Childhood Committee will be running a sausage sizzle for the evening for everyone to enjoy. Classes will be open from 5.30pm-7.00pm for parents to be able to view their children's work. Please put this date on your calendar.

SCHOOL COUNCIL MEETING

Members of the Council met on Monday to discuss a range of agenda items which included latest budget figures, National Quality Standards and what this will mean to our school, Hattie's Visible Learning project and the planning of school improvements for 2015 and beyond.

Approval was given for the school contributions and personal items list for 2015 and our Crunch 'n Sip policy.

CRUNCH 'N SIP

Congratulations to Castletown Primary School. We are now formally a Crunch 'n Sip school. The \$800 starter kit will be used to increase awareness of healthy eating. The Crunch 'n Sip Policy can be viewed on our website.

BOOK FAIR

As our school has hosted two Scholastic Book Fairs and our May event achieved over \$4500 in revenue, our school is entitled to receive the 2014 Children's Book Council of Australia Short-Listed titles! Congratulations to Mrs Fiona Nadason for running such a successful Book Fair.

Pauline Grewar, Principal

Easton Road, Esperance 6450
EC 1, 2 & 5: 9071 7861

Ph: 9071 5599 Fax: 9071 4852
EC 3 & 4: 9071 7862

Canteen: 9071 3148
Email: Castletown.PS@education.wa.edu.au

Website: www.Castletownprimaryschool.wa.edu.au

Face book: <https://www.facebook.com/pages/Castletown-Primary-School/303902659738629>

Or click on the link on the webpage.

Virtue for the Fortnight - Joyfulness

Dates to Remember

Thursday 4th September
Monday 8th September
Thursday 11th September
Thursday 11th September
Wednesday 17th September
Thursday 18th September

'S' theme Disco (Jnrs 4.30-6pm, Snrs 6.30-8pm)
P&C Meeting 7pm
Assembly – EC1 / EC2
Parent Open Night – 5.30 – 7.00pm
Pre-Primary Sports Day
Australian Bush Dancing Incursion

Reminder!

CERTIFICATES OF MERIT

★ Congratulations to all students who received certificates at our Assembly on 28th August 2014. Well done! ★

EC 1	Jorja	Cameron	EC 2	Harvey
Room 00	Tom	Anna		
Room 1	Grace	Casey	Room 2	Taj
Room 3	Aiden	Daemon	Room 4	Jacinta
Room 5	Eloise	Darcy	Room 6	Madison
Room 7	Tayla	Margaret	Room 8	Molly
Room 9	Ashton	Holly	Room 10	Alex
Room 11	Holly	Jaxon	Room 12	Isabella
Room 13	Koltyn	Latisha	Room 14	Bella
Room 15	Taylor	Matt		



Reading In Bed Is Terrific RIBIT The Home Reading Program

Congratulations to the following children who have read for 20 Nights:

Rm 6: Brodie, Seton Rm 7: Margaret
Rm 13: Breeanna

Congratulations to the following children who have read for 50 Nights:

EC1 : Jorja, Deeanna, Talia, Cameron, Kupa, Jessie, William, Jordyn, Jai, Ashley
EC2 : Elliot, Harvey EC3 : Cambel
EC4 : Taj Rm 2: Emunah, Karma
Rm 5: Harry, Darcy Rm 12: Riley
Rm 13: Kira, Lauren, Faith

Congratulations to the following children who have read for 80 Nights:

EC4 : Ben, Justine Rm 4: Paige, Cody
Rm 5: Eloise, Julius, Chloe
Rm 6: Cassandra, Jack, Hayley Rm 7: Torin, Leanna
Rm 10: Jayme, Regan, Alicia Rm 12: Evie, Kyndra
Rm 13: Codee, Holly

Congratulations to the following children who have read for 100 Nights:

Rm 2: Shaj Rm 4: Juliette
Rm 5: Chloe Rm 7: Torin
Rm 10: Ryan Rm 13: Codee, Holly

Congratulations to the following children who have read for 120 Nights:

Rm 3: Isha Rm 4: Juliette
Rm 6: Cherry Rm 10: Cambel

Congratulations to the following children who have read for 150 Nights:

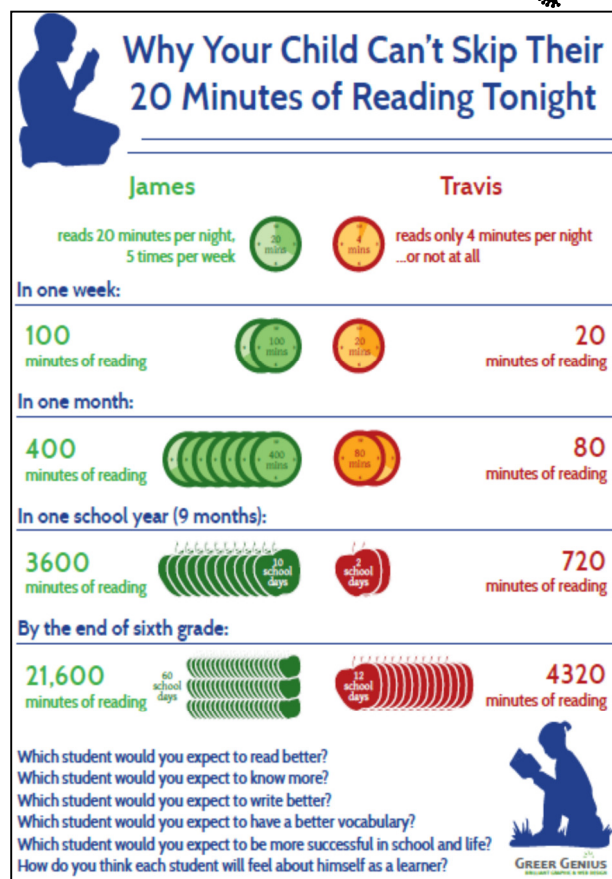
Rm 4: Alanna, Monisha Rm 5: Yasmin, Sophie Rm 6: Savannah

Congratulations to the following children who have read for 180 Nights:

Rm 3: Ari Rm 4: Justin, Maddie, Rm 5: Tailah
Rm 6: Brianna

Congratulations to the following children who have read for 200 Nights:

Rm 4: Justin Rm 6: Brianna, Mikaela Rm 14: Lucy



Around the Classrooms....



GRANDPARENTS AFTERNOON TEA
EC6 - Mrs Brown's Kindy Class invited grandparents to afternoon tea on Tuesday and Thursday last week. The children welcomed their grandparents and showed them around their beautiful room, then served them afternoon tea. It was a wonderful opportunity for grandparents to see what is happening in education in the Classroom.

On 21st August we went to the Civic Centre to play our instruments. Our songs were Pachabel and Balafo. I like to play Pachabel, it's a tiny bit easier than Balafo. Room 3 came 2nd and Room 4 came 1st. At first I was nervous but I enjoyed it at last. I would do it again.
By Sally, Rm 3

On 21/8/14 Room 3 and 4 went to play percussion at the Music Festival. Room 4 won 1st and Room 3 came 2nd. Room 3 did Pachabel and Balafo. I would love to do it again.
By Mitch, Rm 3

Room 3 attended the Music Festival where they played two percussion pieces. Room 3 went well working together to do the songs Balafo and Pachabel. On one song there were five people doing impromptu. On the other song there were five groups that did solos. They sounded great, so did everyone else. When I was setting up my instrument, I felt really nervous because I was one of the five people doing an impromptu. After we finished I felt like we went great. We ended up coming second but, the class that came first deserved it. I would definitely go again because I had so much fun.
By Kennedy, Rm 3

On Thursday 21.8.14 Room 3 went to the Music Festival for the Percussion. There were two songs Balafo and Pachabel. I was a bit nervous at the start but after a while I got used to it. Our class came second and Room 4 came first. I really enjoyed it and I would like to do it again.
By Elle, Rm 3

On Thursday 21.8.14 Room 3 went to the Music Festival for Percussion. When we arrived at the Music Festival at the Civic Centre we had to watch Room 4 play their instruments. It was our turn next. Once we were all set on stage to perform, Mrs Stevens started to play the piano. After we finished the songs, Balafo and Pachabel, we all bowed and walked off stage. We came second and Room 4 came first but I think we deserved first instead. I really enjoyed it and I'd love to do it again.
By Isha, Rm 3

When we went to the Biodiversity excursion I learnt more about nature plant activity: The first thing our group did was a plant activity. Our set task was to: 1. Get six plants, 2. Number them 1 to 6, 3. Get the plant guru to tell us their scientific names and common names, 4. Select one and write about it in detail, 5. Take a photo of the branch it came from, 6. Use the microscope to look closer at the plant or nut. It was lovely and it would be great to do it again.
By Taebien, Rm 3

We took a 15 minute bus ride to our destination on Harris Road. I went with Riley's dad, Rob. Firstly we went bird watching and the first bird we found was a New Holland Honeyeater. The last bird was a hawk. We went to find samples of bush and find the names of them. We had to collect 6 samples.
By Ruben, Rm 3

On Wednesday 20.8.14 Room 3, 4 and Year 5 from Room 14 went on an excursion. It was about biodiversity. We split into two groups, one group went with the bird watching people and the second group collected plant samples. We went out of Esperance, we went to Lot 9 Harris Road. I enjoyed it very much. I hope we can do it again.
By Tess, Rm 3


On 20.8.14 Room 3 went on an excursion to Lot 9 Harris Road to learn about plants and birds. As soon as we got there we had to put our shoes in meth because of dieback. Then Ms Kidd put us with a parent helper. Then we all got into a group and Ms Kidd split up the big group into halves. Half of us went to look at the plants and other other half went bird watching. When we were looking at plants, we needed 6 samples and to find out what the plants were called. When you went bird watching we had to be super quiet so we could see the birds with the binoculars that we got to borrow. Before we got on the bus we had to dieback our shoes again.
By Bella, Rm 3

On Monday 18th August Rooms 3, 4 and 14 had an incursion. There were three people, two from the South Coast Land Management group and one from the Natural Bird Observers Group. Caitlin and Robbin talked about what plants are endangered and which ones weren't on our excursion so we could touch and pick them up. They also talked about dieback and how to prevent it spreading.
By Connor, Rm 4

On Wednesday 20th, Room 4, Room 14 and Room 3 went on an excursion to Lot 9 Harris Road, Monjimup. When we got off the bus we had to step in methylated spirits to kill dieback. We walked down the long driveway. We met the owner of Lot 9. Two groups went with the Bird observers group and the other two went with N.R.M (Native Resource Management). The group that went with the Bird Observers group saw many birds. Mostly the Willy Wagtail and New Holland Honeyeater. The other group looked at some wonderful plants. When it was almost time to go we walked back to the front entrance and everyone stepped in the methylated spirits again, then we got on the bus. Everyone had a great time at the excursion.
By Anna, Rm 4

Room 4 took part in the Instrumental Ensemble on Thursday at the Music Festival. Our class performed 'Let Me Down Easy' and 'Broges Tanz'. We enjoyed playing and were proud to represent Castletown Primary School. Room 3 also took part and so Nulsen Ukulele Group. Room 4 received first place with Room 3 coming a close second. Thank you to Mrs Stevens for teaching us.
By Monisha, Rm 4

CONTRIBUTIONS 2014

A very big 'Thank You' to all the families who have already paid Contributions this year. 

Did you know that your \$60 per year works out to be \$1.15 per week or just 16 cents per day?

Contributions help cover resources, materials, facilities and services accessed by our students and may be paid by the following options: * Cash * Cheque * Eftpos/credit card * Direct Deposit

If using Direct Deposit, please make one payment per student giving student's first name and surname as a reference. If not making a full payment, please advise the school via the remittance advice slip on your statement, or email payment details to Castletown.ps@education.wa.edu.au.

Account Details: **BSB 306-037 ACCOUNT 415695-7**

VIRTUES PROJECT – JOYFULNESS

WHAT IS JOYFULNESS?

Joyfulness is being filled with happiness. It is a peaceful sense of well-being. Joy is inside us all. It comes from an appreciation for the gifts each day brings. Joy comes when we are doing what we know is right, and when we laugh and see the humour in things. Joy is the inner sense that can carry us through the hard times even when we are feeling very sad.

WHY PRACTISE JOYFULNESS?

Without inner joy, all our feelings are determined by what is happening to us. When things are going well, we feel glad. When things are going wrong, we feel bad. Without joyfulness, when the fun stops, our happiness stops. When we are joyful, things still happen to us, some good and some bad. If we are joyful, down deep we stay calm and serene. We look forward to things changing for the better.

HOW DO YOU PRACTISE JOYFULNESS?

Joyfulness is looking forward to your day, knowing it will be good. Whatever you are doing, do it with a joyful heart. Find ways to have fun in your work and in your play. When good things happen to you, enjoy them fully. When sad things happen, let the sadness come and then let it go. Find the gift in what is happening – is this a way to become stronger? Something new to learn? Enjoy your life!

SIGNS OF SUCCESS

You are practising **joyfulness** when you.....

- Look inside for happiness
- Appreciate the gifts in your life and in yourself
- Have a good sense of humour
- * Enjoy whatever you are doing
- * Find creative ways to enjoy your time
- * Feel an inner peace when things are tough



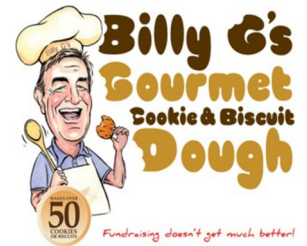
BILLY G'S GOURMET COOKIE DOUGH FUNDRAISER

We are conducting a Billy G's Gourmet Cookie Dough Fundraiser this term as a fundraiser for the Year 6 and 7 Graduation Dinners. Any monies raised over the amount required for the Graduation Dinners will be donated to the P&C. There are new exciting flavours in 2014 which include Gluten Free Choc Chunk, Lower sugar/fat/salt Choc Chunk, Caramel Fudge, Triple and wait for it... Doggie Dough!!

Students will have received a Billy's Gourmet Cookie Dough order form. An individual prize program has been included for every student/family that sells one or more tubs. The more tubs you sell the better the prize! If you have misplaced your order form, please see the staff at the front office.

Please return the completed order form along with your monies to the **CANTEEN** on or before **THURSDAY 18 SEPTEMBER 2014** (don't forget to select a prize!). Cheques need to be made payable to **Castletown Primary School P&C**. Delivery of the cookie dough and prizes is expected in first week back of next term, but we will keep you posted on the exact date. Please ensure that you make arrangements to collect your cookie dough order on the day of delivery as the product is frozen and we do not have enough storage to store your order when the cookie dough arrives.

Any queries please contact either Naomi Kipling 0409917149 or Rachael McLean 0417185883



Tips to encourage your child to enjoy fruit and vegetables

Food Preparation: Involve children in preparation and cooking – they are more likely to want to taste different foods.

Tasting: A young child will need to try a food a few times before liking it.

Growing: Increase your child's interest in food by growing some vegetables and herbs.

Role Model: Monkey-see monkey-do, young children are imitators! So parents and guardians can give a good example by enjoying various fruits and vegetables

"Remember parents provide (what, where, when), the children decide (how much)."

This information was provided by Better Health Victoria. For further information please visit www.betterhealth.vic.gov.au



Congratulations

and Thanks for Participating in the Scholastic Book Fairs CBCA Offer.

As you have hosted two Scholastic Book Fairs and your May event achieved over \$4800 in revenue, your school is entitled to receive the 2014 Children's Book Council of Australia Short-Listed titles!

We are pleased to present you with 35 titles valued at over \$700.

This selection includes the CBCA short-listed titles in each of the following award categories:

BOOK OF THE YEAR: OLDER READERS

BOOK OF THE YEAR: EARLY CHILDHOOD

PICTURE BOOK OF THE YEAR

EVE POWELL AWARD FOR INFORMATION BOOKS

CRICHTON AWARD FOR NEW ILLUSTRATORS

To qualify your school to receive this exciting offer next year, please talk to your consultant today.

Thank you for partnering with Scholastic Book Fairs. We hope your students enjoy the 2014 short-listed titles.

Kindest regards,

David Pengram
Managing Director
Scholastic Australia & New Zealand



Esperance Jnr Basketball first TDS Try Outs;

Sunday 14th Sept at the Basketball Stadium

- Under 14's (2002, 2003) 9.30am - 11am
- Under 16's (1998-2001) 11am - 12.30pm
- Under 18's (1997,96,95) 11am - 12.30pm



Please **DO NOT** send your child to school with food containing nuts or nut products.



SCHOOL CANTEEN

Volunteers are always needed to assist in our Canteen. Please contact Janice at the Canteen or phone 9071 3148

Remember to Crunch'n'Sip

Drink Water and eat 5 veg 'n' 2 fruit each day for a healthy diet.

The Canteen proudly uses Brumby's preservative free bread.



Open Day St John Esperance

Welcomes you to our sub centre

Saturday the 20th September

10am -2pm

54 Windich Street

Phone 08 90711618

